Southern Meadow
AN ACTIVE ADULT COMMUNITY • MAGNOLIA, DELAWARE

Newsletter
October 2026

Residential Manager and Sales Office
302-677-0800

THANK YOU FROM GINNY STEWART

Ginny Stewart extends a great big "thank you" to our Southern Meadow family for all the prayers, food, and many cards and notes. They all brightened my day! How thankful we are to live in such a caring community.

INTERESTED IN TAI CHI?

There has been some interest in weekly Tai Chi classes in the Clubhouse on Tuesdays. It is great for balance and strengthening, and an easy way to keep us walking. You can use a chair for support, if needed.

We are trying to get Mindy to bring these classes to Southern Meadow. If you are interested, please let us know by signing up in the Clubhouse. We are still working out all the details. We will have more info (possible cost, dates) when we know how much interest exists.

SOUTHERN MEADOW YARD SALE
FRIDAY, OCTOBER 9
SATURDAY, OCTOBER 10
8 AM TO 1 PM

Get ready for another Yard Sale on October 9 and 10 from 8 am to 1 pm. You can participate on both days or only one day. Our Fall Yard Sale is typically well attended. Signs will be posted.

SMHOA
We Work for You

SM HOMEOWNER'S ASSOCIATION SEPTEMBER EVENTS

We welcome your feedback. Articles in this newsletter are submitted by community members and may not be sanctioned by the community. Dates are subject to change.

We invite all community members to join us for the following events:

- **Crime Watch Meeting (Friday, Oct. 9):** Kent County Crime Watch will host a community meeting at the Southern Meadow Clubhouse on Friday, October 9 at 11 am. All residents are encouraged to attend this informative and helpful session.
- **Southern Meadow HOA – Quarterly Meeting (Friday, Oct. 9):** The Southern Meadow HOA will hold its quarterly meeting immediately following the Kent County Crime Watch meeting on October 9 at the Clubhouse. Several board positions are up for reelection, and we welcome all community members to join us and participate. For any questions about our SMHOA, please contact

Trivia Night
Friday, Oct. 9 at 7 pm

Join us on Friday, October 9 at 7 pm for Trivia. We have a few new teams this year, but there is still time for you to join us. It's always a fun night. 50/50 will be sold.

Covered Dish Dinner
Monday, October 12 at 5:00 pm

Enjoy delicious food from the excellent cooks and bakers at Southern Meadow at the Covered Dish Dinner on October 12 at 5:00 pm. It's Columbus Day! There is no specific theme, so bring whatever dish you want to show off.

Please sign up in the Clubhouse if you plan to attend. If you are also bringing food to share, please sign up on the Menu List. Be sure to include your name.

For our new neighbors, our Covered Dish events are well attended, and we always enjoy great food from Southern Meadow's talented cooks.

Breakfast with Friends
Wednesday, Oct. 14 at 9:30 am

Please join us for breakfast at The Odessa Diner at 9:30 am on Wednesday, October 14. The Odessa Diner is located at 3147 Dupont Parkway in Middletown. Recommended by several neighbors, the diner is a classic, family-oriented roadside eatery recently voted the best diner in northern Delaware! Pancakes, French toast, hearty egg platters, cream chipped beef, and scrapple fries served with syrup for dipping! Lots of breakfast sandwich choices too!

It's important that you sign up on the sheet in the Clubhouse before Monday, October 13, so we can alert the restaurant how many place settings are needed.

Karaoke Night
Thursday, Oct. 15 at 7 pm

I will be hosting a karaoke night on Thursday, October 15 from 7:00 pm until we get tired! As always, please bring your own drinks and

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snacks. Grab a friend and join us for some laughs and some good singing! No one is ever forced to sing. Join us for a great evening.

LADIES' LUNCHEON
MONDAY, OCT. 19 AT NOON

Please join us at The Farmhouse, 416 Ridge Avenue in Middletown on Monday, October 19 at noon. We've been waiting for this new restaurant to work out the kinks, and can't wait to try it! If you would like to carpool, contact Amy or Connie.

Please sign up in the Clubhouse so we can tell the restaurant how many places to set. If you sign up and then can't go, **please** notify Amy or Connie.

IT'S TIME FOR PIE BAKING AGAIN
THURSDAY, OCTOBER 22 AT 6 PM

It's that time of year again to get out the ingredients to make a prize-winning pie. Please join us for the Southern Meadow Fall Pie Bake-Off Contest on Thursday, October 22 at 6 pm. The contest is open to all residents of Southern Meadow; **you must sign up as a pie baker to participate.**

Guidelines:

- No pies that require refrigeration (i.e., Cool Whip-based pies).
- Custard pies are welcome
- Any type of fruit pie is welcome.

Two sign-up sheets will be posted on the bulletin board:

- One for pie bakers
- One for attendees

ALL are invited to attend, whether you bake or just come to sample the beautiful pies. See you all on October 22 at 6 pm at the Clubhouse. Dessert beverages will be available on site.

THIS IS FOR THE BIRDS!!
WILD BIRD DEMONSTRATION
SATURDAY, OCTOBER 24, TIME TBD

Are you interested in seeing Phung Luu, a professional bird demonstrator? You may have seen Phung Luu at Bombay Hook or the Nanticoke Tribal Pow Wow. His birds do some amazing feats!

There is a substantial cost involved, so we are trying to determine how many people would be interested in such an event. The cost would be $20 per adult, and children would be no cost. We are tentatively scheduling this for Saturday, October 24, waiting for date confirmation.

Please sign up in the Clubhouse if you are interested.

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HALLOWEEN BINGO
SATURDAY, OCTOBER 31 AT 6:30 PM

Sharon will have Halloween BINGO at the Clubhouse on Saturday, October 31 at 6:30 pm. All BINGO cards will be $3 each. The number of people is limited to 43 players. Instead of yelling *BINGO*, winners yell *BOO* or *HAPPY HALLOWEEN* or *WITCHES BREW*.

Be sure to sign up in the Clubhouse so we have an accurate count for tables, chairs, and BINGO cards.

If you would like to make a dessert, please write the name of the dessert on a card to be placed by your dessert.

We hope to have a good turnout for this special Halloween night BINGO…oh, I mean BOOINGO. Jay will be the BINGO caller. After the second game, we will have a yummy Halloween dessert break and social opportunity.

Thanks to all you spooky fun, loving BINGO players.

BILLIARDS

Come to the Clubhouse on Monday and Thursday afternoons at 2 pm for a friendly game of pool.

We play **BINGO** at 1 pm at the Clubhouse on Friday, Oct 2 and 16. Each card is $2 and all money collected is distributed to the winners.

We play **Cornhole** at 2 pm at the Clubhouse on Fridays when BINGO is not scheduled. For October, that is 10/9, 10/23, and 10/30. All are welcome.

DOMINOES: MEXICAN TRAIN

Please join us on Oct 26 at 2 pm in the Clubhouse for Mexican Train. All are welcome!

Exercise class

We offer a full schedule of indoor exercise routines including fast-paced cardio, low-impact aerobics, strength training with dumbbell weights, and stretch/balance classes with a little yoga thrown in for something different. All

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classes run 30-45 minutes and are geared to our 65+ age group. Each person participates at his or her own pace. The objective is to have fun as we work out together. Check out the schedule and come on over. Also, it's a great way to make new friends if you are new to the community.

8:00 am M-W-F: Cardio
8:30 am M-W-F: Low Impact Aerobics
8:30 am T-Th: Morning Stretch and Balance
9:15 am W-F: Strength Training
9:00 am Sat: Yoga

Stitching
Mondays & Thursdays at 2 pm

Come to the Clubhouse on Mondays and Thursdays at 2 pm and enjoy crafts with friends. Bring any stitching or crafting project. It is a fun afternoon of relaxing with friends.

Horseshoes
Wednesdays at 5 pm

Come have fun with the guys on Wednesday evenings at 5 pm through the end of October for horseshoes! All are welcome!

October Birthdays

3 – Judy Rantala
5 – Barbara Burns
6 – Larry Lewis
12 – Willie Lampa
12 – Jonalyn Chagaris
16 – Peggy Cain
17 – Barbara Stuff
18 – Paul Zimmerman
20 – Jim Harris

NOTE: If you are a new resident (or if your birthday isn't being recognized), please email your info to southernmeadownews@gmail.com.

Mah Jongg
Tuesdays, 2 pm

Join us for MahJongg at the Clubhouse on Tuesdays at 2 pm. If you would like to learn, we'll teach you as we play.

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PLANNING AHEAD…..

WOODBURNING/COLORED PENCIL CLASS
THURSDAY, NOV. 5, ALL DAY

Time to try something different!

Nadine Atkinson, an award-winning woodburning instructor, and Ellen Ainge, will hold this class on Thursday, November 5 in the Clubhouse. Students can choose from several designs and choose the style and size of their wood for their project. Projects include landscapes, seasonal designs, floral designs, and much more.

Class starts PROMPTLY at 9 am. We will break for lunch on your own at noon and return from 1-4 pm. Designs are traced on the wood and then burned with an electric burner. It's as easy as writing with pen and pencil! Then you will learn how to apply color, if you wish, with colored pencils.

All instruction, materials, and tools are included in the price of the class, which is $25. Cash only please, no credit cards. The class is limited to 15 individuals. If you have a woodburner, please indicate that on the signup sheet in the Clubhouse. We may be able to adjust the class size.

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Community Calendar for October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
October Events NOT at the Clubhouse: • October 14 – Breakfast with Friends at The Odessa Diner, Middletown, at 9:30 am • October 19 – Ladies' Lunch at The Farmhouse in Middletown, at noon						
				1 8:30 Stretch & Balance 2:00 Billiards 2:00 Stitching	**2** 8:00 Cardio 8:30 Aerobics 9:15 Strength Training 1:00 BINGO	**3** 9:00 Adv Yoga
4	**5** 8:00 Cardio 8:30 Aerobics 2:00 Billiards 2:00 Stitching **YARD WASTE**	**6** 8:30 Stretch & Balance 2:00 MahJongg	**7** 8:00 Cardio 8:30 Aerobics 9:15 Strength Training 5:00 Horseshoes	**8** 8:30 Stretch & Balance 2:00 Billiards 2:00 Stitching	**9** 8:00 Cardio 8:30 Aerobics 9:15 Strength Training **11:00 KC Crime Watch & HOA mtg** 2:00 Cornhole **7:00 Trivia** **YARD SALE**	**10** 9:00 Adv Yoga **YARD SALE**
11	**12** 8:00 Cardio 8:30 Aerobics 2:00 Billiards 2:00 Stitching **5:00 Covered Dish** **Columbus Day**	**13** 8:30 Stretch & Balance 2:00 MahJongg	**14** 8:00 Cardio 8:30 Aerobics 9:15 Strength Training 5:00 Horseshoes	**15** 8:30 Stretch & Balance 2:00 Billiards 2:00 Stitching **7:00 Karaoke**	**16** 8:00 Cardio 8:30 Aerobics 9:15 Strength Training 1:00 BINGO	**17** 9:00 Adv Yoga
18	**19** 8:00 Cardio 8:30 Aerobics 2:00 Billiards 2:00 Stitching	**20** 8:30 Stretch & Balance 2:00 MahJongg	**21** 8:00 Cardio 8:30 Aerobics 9:15 Strength Training 5:00 Horseshoes	**22** 8:30 Stretch & Balance 2:00 Billiards 2:00 Stitching **6:00 Pie Contest**	**23** 8:00 Cardio 8:30 Aerobics 9:15 Strength Training 2:00 Cornhole	**24** 9:00 Adv Yoga **TBD Bird Demo**
25	**26** 8:00 Cardio 8:30 Aerobics 2:00 Mexican Train 2:00 Billiards 2:00 Stitching	**27** 8:30 Stretch & Balance 2:00 MahJongg	**28** 8:00 Cardio 8:30 Aerobics 9:15 Strength Training 5:00 Horseshoes	**29** 8:30 Stretch & Balance 2:00 Billiards 2:00 Stitching	**30** 8:00 Cardio 8:30 Aerobics 9:15 Strength Training 2:00 Cornhole	**31** 9:00 Adv Yoga **6:30 Halloween BINGO**

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